

# DR. LINDA'S VASCULAR BIRTHMARK FACT SHEET



## 10 FACTS ABOUT CUTIS MARMORATA TELANGIECTATICA CONGENITA (CMTC)

- 1. CMTC is also known as Van Lohuizen Syndrome. It is a rare skin condition where the skin appears as marbled.
- 2. Most CMTC cases involve the legs, but can also occur on the arms and trunk. The face is rarely involved.
- 3. CMTC usually occurs in a specific area of the body, but a few cases have been reported where it covers the entire body.
- 4. This condition can occur alone or with other defects or syndromes, particularly involving undergrowth or overgrowth of the area affected.
- 5. CMTC is generally present at birth and some newborns may have the marbled stain in addition to ulcers and limb size discrepancy.
- 6. No one knows what causes CMTC, but it has been reported to be from a combination of factors that may include diet, viral infection and genetics. In a very few rare cases, it may run in families.
- 7. Most CMTC cases are diagnosed by clinical examination.
- 8. There is no specific treatment for CMTC and some patients have the marbling actually fade out by age 2 and even disappear by adolescence. Treatment is usually based on symptoms.
- 9. CMTC can often be confused with KTS (Klippel Trenaunay Syndrome).
- 10. Because this is a rare type of vascular anomaly, an expert team with experience in diagnosis and treating CMTC should be consulted.



**15 MAY**  
INTERNATIONAL  
**DAY OF AWARENESS**  
FOR VASCULAR BIRTHMARKS

[www.birthmark.org/awareness](http://www.birthmark.org/awareness)

**VASCULAR BIRTHMARKS FOUNDATION**

[www.BIRTHMARK.org](http://www.BIRTHMARK.org)