

DR. LINDA'S VASCULAR BIRTHMARK FACT SHEET

10 FACTS ABOUT LYMPHATIC MALFORMATIONS



- 1. Lymphatic Malformations (LMs) are also referred to as Lymphangiomas and Cystic Hygromas.
- 2. LMs are usually present at birth; some may not be evident until later in life.
- 3. LMs can be either Micro or Macro-Cystic, or a combination, and can involve bone overgrowth.
- 4. LMs may cause asymmetry, distortion and bony hypertrophy (overgrowth) in the areas where they occur.
- 5. A LM of the arms or legs is frequently associated with lymphedema (swelling of the limb).
- 6. When an LM is superficial, it may appear with small blister type lesions (on the tongue, they look like frog eggs).
- 7. LMs never shrink or go away on their own.
- 8. Sclerotherapy is the main form of treatment, although Sirolimus is gaining popularity for treatment of these lesions.
- 9. Surgery remains the primary way to remove LMs completely.
- 10 Sudden swelling of a LM may be associated with virus, infection, or bleeding.



15 MAY
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