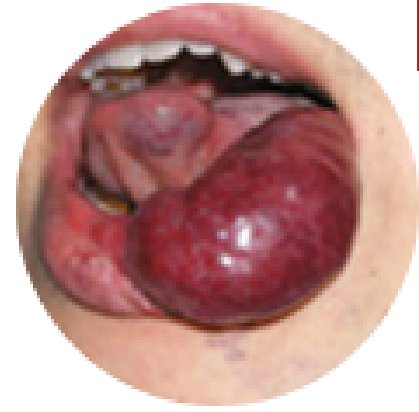


DR. LINDA'S VASCULAR BIRTHMARK FACT SHEET

10 FACTS ABOUT VENOUS MALFORMATIONS



Venous Malformations:

- 1. Can occur at any time in life - from the cradle to the grave.
- 2. Are a type of vascular malformation that results from veins that have developed abnormally, which stretch or enlarge over time (hypertrophy).
- 3. Can be extremely painful, sensitive and problematic.
- 4. In appearance, usually looks like a bluish discoloration.
- 5. Can be a single lesion or multiple lesions. They can be confined to one area (local) or spread out (diffused).
- 6. Can be superficial (on the top of the skin), or deep (going beneath the skin).
- 7. Tend to get bigger if you cry, push, or otherwise increase pressure on your venous system.
- 8. If you pressed, they usually have a "dent or depression" like appearance.
- 9. If no chief complaints, the VM can be managed with compression garments and low dose aspirin.
- 10. If complex, VM treatment consists of sclerotherapy; endovenous laser therapy, venous embolization and/or surgical excision.



15 MAY
INTERNATIONAL
DAY OF AWARENESS
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